

**ALLERGEN AWARENESS INFORMATION**

	GLUTEN	CRUST	EGG	FISH	NUTS	SOYA	MILK	CELERY	MUSTARD	SESAME	SULPHUR	LUPIN	PEANUTS	MOLLUSCS
<b>SANDWICHE FILLINGS</b>														
Ham and pickle	X										X			
Ham and tomato														
Ham and cheese							X							
Beef and tomato														
Tuna mayonaise/cucumber			X	X										
Chicken mayon/sweetcorn			X											
Coronation chicken			X						X					
Turkey/cranberry														
Smoked salmon/c.cheese				X			X							
Prawn/seafood sauce	X	X	X	X			X		X					
Emmenthal cheese/tom							X							
cheddar cheese/pickle	X						X				X			
Brie/cranberry							X							
mixed cheese/mayo/chive/cue			X				X							
creamcheese/peppers							X							
Egg mayonaise /cress			X											
Egg/tomato			X											
guacamole/peppers														
barkers flapjacks	X		X		X	X	X						X	
barkers muffins	X		X		X	X	X						X	
Barkers Quiche	X		X				X							
barkers sponge slice	X		X		X	X	X						X	
BBQ sauce	X						X	X						
Biscuits for cheese	X		X		X	X	X			X				
BLOCK cheddar/red leic							X							
Blue Cheese Dip			X				X		X					
Boiled Eggs			X											
brakes mini spring rolls	X					X								
brakes party quiche mini	X		X				X		X					
Brakes Sweet chilli sauce	X				X						X		X	
Breaded butterfly prawns	X	X												
Breaded chicken goujons	X													
Breaded jalapeno peppers	X						X							
Brie							X							
Brie/broccoli puffs	X				X	X								
Buffet savoury eggs	X		X											
Butter foil packs							X							
Caesar dressing	X		X			X	X							
Caesar salad														
Caramelised red onion confit														
Carrot & coriander goujons	X				X		X				X		X	
Cheese & onion flutes	X		X			X	X	X	X					
Cheese/tom bruschetta	X					X								
	GLUTEN	CRUST	EGG	FISH	NUTS	SOYA	MILK	CELERY	MUSTARD	SESAME	SULPHUR	LUPIN	PEANUTS	MOLLUSCS
Chicken red thai skewers	X													
Chicken breast														
chicken diced														
Chicken pakora	X						X		X					
chicken pies	X		X			X	X							
Chicken PIRI PIRI split sticks	X													
Cocktail vol au vents	X						X							
Cooked chicken sate														
Coronation Mayo			X						X					
Cranberry & Brie Wanton	X						X				X			
Cranberry Sauce CAMS														
Crisps - BOX	X					X	X	X	X					
Crisps/Nuts	X				X	X	X						X	
Crispy prawn purse	X	X				X								
Crispy vegetable parcels	X					X	X			X				
Crolines VEGE TABLE	X		X		X	X	X	X		X			X	
Crushed Filo king prawns	X	X				X								
Dairy Spread							X							
Daloon mini veg samosa	X										X			
Daloon veg dimsum select	X					X		X		X				
Doritos	X					X	X							
Duck spring roll	X					X				X				
Falafel with yoghurt dip Brakes					X		X						X	
Feta & Black Bean Parcels														
Fig & Goat cheese Parcel	X				X		X							
French Dressing	X							X	X					
Frozen prawns		X												
Gateaux	X		X		X	X	X				X		X	
Gluten free rolls			X			X								
gluten free cakes			X				X							
Grated cheddar	X						X							
Grated red leicester	X						X							
Guacamole														
Home made coleslaw with apple			X											
Horseradish Sauce			X				X		X					
Hot Salsa Sauce					X					X			X	
Indian snack selection	X													
Jam/marmalade portions														
Japanese breaded prawns	X	X				X								
Ketchup/brown sauce	X							X						
kettle chips														
King prawn & chilli rolls	X	X				X								
Kings Apple Pie	X		X		X								X	
Lemongrass prawns		X												
Local Suffolk pickle	X										X			
Low Fat Soft Cheese														
Mango & Brie Parcels	X						X				X			
Mango chutney					X					X			X	
Mayonnaise			X											
mini burger rolls	X					X								
Mini cheese/tom pizzas	X						X							

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Mini choc eclairs	X		X		X		X							
Mini Donuts	X		X			X	X							
Mini steak/ale pies	X		X			X								
Mini sweet cakes petite	X		X				X							
Mini turnovers	X		X				X							
Misc small cheeses					X		X				X			
Mixed canape shells	X		X		X	X							X	
Monterey jack cheese goujons	X				X		X						X	
Moroccan style cous cous salad	X													
new pots/chives/mayonnaise			X											
Olives (Tinned)														
Otis Cookies	X		X		X	X	X	X	X	X			X	
Penne Italiano salad	X													
Pickups quiche lorraine	X		X			X	X		X					
Pickups (portioned) veg	X		X			X	X		X					
Profiteroles choc sauce	X		X		X	X	X						X	
QUORN SAUSAGES	X		X				X							
Rice cakes														
Roast chicken drumsticks														
roasted peppers														
roulade			X		X	X	X						X	
Salmon goujons brakes														
Sausage rolls	X		X		X	X	X	X			X			
Sausages	X		X		X	X	X	X			X			
savory cheese scones	X		X			X	X							
Seafood Mayo	X		X	X					X					
Skewered tempura battered prawns	X	X	X	X		X	X	X	X					X
Sliced Beef														
Sliced Emmenthal							X							
Sliced ham														
Sliced mature cheddar							X							
sliced pepperoni														
Sliced turkey breast														
Smoked Salmon				X										
Smoked salmon bagels	X		X				X							
Southern fried chicken	X					X								
spinach wraps	X													
Spinach and feta coujons	X				X		X						X	
Sweet & sour chicken spring rolls	X				X	X		X			X			
Sweet potato curry bites	X				X		X		X				X	
Sweet scones	X		X			X	X							
Sweetcorn														
Tart citron	X		X		X	X	X							
Tomato wraps	X													
Tuna Chunks in Brine CAMS				X										
Veg moneybag	X					X				X				
Veg oil														
Sandwich pickle														
	GLUTEN	CRUST	EGG	FISH	NUTS	SOYA	MILK	CELERY	MUSTARD	SESAME	SULPHUR	LUPIN	PEANUTS	MOLLUSCS
Vegetable Sate	X		X				X							
Vegan muffins	X				X	X							X	
BREADS														
GRANARY	X					X								
WHOLEMEAL	X					X								
WHITE	X					X								
BAGGETTES	X													
BRIDGE ROLLS	X													
WHITE BREAD ROLLS	X													
BROWN BREAD ROLLS	X													
GI ROLLS	X													
PLEASE BE AWARE NUTS ARE PRESENT ON THE PREMISIES														